

Media Release

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New Year's Resolution – Learn more about foster care

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In response to an ongoing need for children and young people in QLD and NSW requiring out-of-home care, Foundations Care is asking that 2013 become a year for local residents to spend the time to learn more about the foster care process and the benefits foster care can bring a child in need.

"There is a great deal of misconception out there about foster care, more often than not people feel they are ineligible or do not have the capacity to care. In reality, there are many different foster care options available to carers including respite and short term care. Furthermore, regardless of age, income, marital status, what a carer really needs is a commitment to children and the capacity to provide a safe home," said Foundations Care Spokesperson, Jason Thatcher.

There is a real need for foster carers in the region with almost 8000 children in out of home care across QLD alone.

"The impact that trauma, abuse or neglect can have on a child can be seen in their emotional maturity and development. When provided with appropriate care from a foster carer and the network of specialist supports in place, you can really begin to see the child's physical and psychological health improve. The impact it has on their life today and in the future is a significant one."

"What these children need most is a safe and nurturing place to call home so that they can begin to heal and live the kind of childhood all children deserve".

If you have ever considered becoming a foster carer, 2013 is the year to do it. Opening your home and heart to a foster child can make the difference of a lifetime.

To find out more about becoming a foster carer please contact Foundations Care on 1300 395 005 or visit www.foundcarekids.org.au

For further information contact Rebecca Cook on 0431453571 or rcook@foundcare.org.au